



Factors Influencing Children's Language Development in Psycholinguistic Theory

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ABSTRACT

This study examines the factors influencing children's language development within the framework of psycholinguistic theory by integrating both theoretical frameworks and recent empirical findings. The objective of this research was to analyze both internal factors (biological, cognitive, and gender-related) and external factors (family environment, parenting styles, stimulation, and learning media) that affect children's language development. It employed a descriptive qualitative method using a literature review approach. Data were collected from relevant academic sources such as books, peer-reviewed journal articles, and research reports. The analysis was conducted through thematic synthesis to identify patterns and relationships among the factors influencing language development. The findings indicated that children's language development is influenced by a combination of internal factors, such as brain maturation and cognitive abilities, as well as external factors, including social interaction, parenting styles, and provided stimulation. In addition, gender differences contribute to variations in the speed and manner of language acquisition.

Keywords: child language development, factor, Psycholinguistics

INTRODUCTION

Language is a highly complex cognitive ability that plays a fundamental role in human development (Kuhl, 2021). From birth, children are biologically prepared to acquire language, and this ability evolves through continuous interaction between innate capacities and environmental input. Within the field of Psycholinguistics, children's language development is understood as a multidimensional process involving neurological maturation, cognitive processing, social interaction, and emotional engagement (Bates, 1993). Consequently, examining the factors that influence this development is essential for understanding how language emerges and evolves in early life.

Language acquisition is not merely a process of learning to communicate; it is closely tied to the development of thought, social awareness, and identity construction. Children use language to organize their experiences, interpret their surroundings, and engage in social relationships. Therefore, variability in language development across children has become a central concern in psycholinguistic research. Some children acquire vocabulary and grammatical structures more rapidly than others, suggesting that multiple interacting factors shape the trajectory of language growth.

From a theoretical perspective, language development has long been associated with cognitive development. Piaget (1972) proposed that language reflects children's cognitive structures, emphasizing that children actively construct knowledge through interaction with their environment. In contrast, Vygotsky (1978) highlighted the importance of social interaction, arguing that language develops through collaborative engagement with more competent speakers. These perspectives are complemented by Chomsky (1965), who introduced the concept of an innate language faculty or known as the Language Acquisition Device (LAD), suggesting that humans are biologically equipped with mechanisms that facilitate language acquisition. Contemporary psycholinguistic approaches integrate these perspectives, recognizing that language development arises from the interaction between innate predispositions and environmental input.

Recent empirical studies have increasingly emphasized the importance of both cognitive and environmental dimensions in children's language development. From a cognitive perspective, language acquisition is closely related to children's ability to process, store, and organize information, which develops alongside overall cognitive maturation. At the same time, environmental input has been shown to play a critical role. Rowe and Snow (2020) highlight that the quality of linguistic input, particularly in terms of interaction, linguistic richness, and conceptual content, strongly influences children's language outcomes. Supporting this, Romeo et al. (2021) demonstrate that children's conversational exposure is significantly associated with language-related brain function, indicating that interactive communication contributes to the development of neural mechanisms underlying language. Furthermore, Dowdall et al. (2020) show that shared reading activities play a significant role in enhancing vocabulary development and narrative comprehension in early childhood.

Despite the growing body of research, existing studies tend to examine these factors, biological, cognitive, social, emotional, and environmental, in a fragmented manner, often focusing on isolated variables rather than providing an integrative psycholinguistic perspective. This fragmentation limits a comprehensive understanding of how these factors interact dynamically in shaping children's language development. Therefore, this article aims to systematically review and analyze the factors influencing children's language development from a psycholinguistic perspective, with particular emphasis on the interaction between internal factors (such as biological maturation and cognitive processes) and external factors (including environmental input, social interaction, and stimulation). By synthesizing both classical theoretical frameworks and recent empirical studies, this review seeks to provide a more comprehensive and integrated understanding of the mechanisms underlying children's language acquisition.

METHOD

This study employed a qualitative descriptive approach using a literature review method. It was to analyze and synthesize various factors influencing children's language development from a psycholinguistic perspective. The data sources consist of academic publications, including books, peer-reviewed journal articles, and relevant research reports on psycholinguistics and child language development. The literature was collected through searches in academic databases such as Google Scholar and other reputable sources. The selection of articles was based on relevance to the research topic, publication within the last ten years (except for foundational theories), and empirical or theoretical contributions to the study of language development. Data collection was conducted through a structured literature review process, including identification, screening, and selection of relevant studies. Articles that did not meet the inclusion criteria, such as lack of relevance, unclear methodology, or non-academic sources, were excluded.

Data analysis was carried out using qualitative descriptive techniques through thematic analysis. The selected studies were systematically reviewed, compared, and categorized to identify recurring patterns and relationships among variables. The analysis focused on grouping factors into internal factors (biological and cognitive aspects) and external factors (environmental, social, emotional, and educational influences). The findings were then interpreted to provide a comprehensive understanding of the interaction between these factors in children's language development.

RESULT AND DISCUSSION

The discussion in this study focuses on various previous studies that examines the factors influencing children's language development from the perspective of psycholinguistic theory. In general, children's language development is an essential part of cognitive and social growth that requires special attention from both parents and educators. Language ability represents a form of linguistic intelligence whose development progresses very rapidly. Based on the analysis of various articles, it was found that children's language development results from the interaction of biological, cognitive, social, and environmental factors. Each factor contributes differently depending on the child's developmental context, age, and social conditions.

1. Biological and Cognitive Factors

Aritonang and Dewi (2022) stated that children's language development occurs through four main stages: babbling, the holophrastic stage, the sensorimotor stage, and the preoperational stage. These stages demonstrate a close relationship between language development and cognitive development, as outlined in Piaget's theory, in which increasingly mature thinking abilities enable children to understand symbols, concepts, and language structures in a more complex way. Children with more advanced brain maturation and strong cognitive capacity tend to grasp linguistic patterns more quickly.

These findings also aligned with Chomsky's theory (1965), who asserts that every child is equipped with an innate Language Acquisition Device (LAD) that enables them to acquire language naturally. This perspective is further supported by Lightbown and Spada (2013) who stated that biological capacity provides a fundamental framework for children to process linguistic input before being influenced by social experiences and learning environments. Contemporary neuroscientific research strengthens this argument by demonstrating that children are biologically prepared for language learning, yet this capacity develops optimally through interaction with environmental input. For example, Romeo et al. (2021) showed that children's conversational exposure is significantly associated with language-related brain activation, indicating that innate biological mechanisms and environmental interaction work together in shaping language development. Thus, biological and cognitive factors serve as the primary foundation of children's language development, while environmental influences further refine and enhance this process in subsequent stages.

2. Gender Factors

Research consistently shows that gender plays a significant role in language development, with girls generally demonstrating faster language development than boys. Azzahroh, Sari, and Lubis (2021) found that girls tend to exhibit more rapid language growth compared to boys. This finding indicates that gender differences are not merely descriptive but also carry substantial implications for the process of children's language acquisition. This advantage can be understood through the interaction of physiological, psychological, and social factors.

From a physiological perspective, differences in brain development contribute to variations in language acquisition. Neurodevelopmental studies suggest that girls tend to

experience earlier maturation in brain regions associated with language processing, which may support more advanced verbal abilities in early childhood. This view is supported by findings from Romeo et al. (2021), which indicate that language-related brain function is closely linked to the intensity and quality of linguistic interaction, suggesting that early neural development interacts with experience to shape language outcomes.

From a psychological perspective, girls tend to exhibit greater sensitivity to verbal stimuli, including intonation, emotional expression, and nonverbal communication cues. This heightened responsiveness facilitates more efficient processing of linguistic input and enhances their ability to recognize patterns in everyday communication.

From a social perspective, girls are often more responsive in social interactions and more actively engaged in communicative exchanges. They tend to participate more frequently in two-way communication, such as responding to questions, imitating speech, and extending conversations. This increased engagement provides greater exposure to diverse linguistic input. Supporting this, Rowe and Snow (2020) emphasize that the quality and quantity of interaction significantly influence language development, particularly when children are actively involved in meaningful communication.

Taken together, these findings indicate that gender differences in language development arise from a complex interaction between biological maturation, cognitive processing, and social experience. Rather than acting as a single determining factor, gender influences how children engage with linguistic input, process information, and participate in communication, ultimately affecting both the pace and quality of language development.

3. Environmental and Parenting Factors

Family environment and parenting styles are widely recognized as fundamental determinants of children's language development. Children raised in communicative, responsive, and linguistically rich environments tend to demonstrate more advanced language skills compared to those with limited interactional exposure. Variations in children's language abilities are strongly influenced by the intensity of family interactions and the linguistic habits established within the home environment. In particular, children who grow up in families characterized by open communication patterns, such as two-way dialogue, consistent verbal responses, and storytelling practices, consistently exhibit stronger language proficiency than those who receive minimal linguistic stimulation.

This pattern is further reinforced by contemporary empirical research emphasizing the importance of both the quantity and quality of linguistic input. For instance, Rowe and Snow (2020) argue that language development is shaped not only by how much children hear but also by the quality of interactions, including responsiveness, vocabulary diversity, and conceptual richness. Similarly, Romeo et al. (2021) demonstrate that children's conversational exposure is significantly associated with activation in brain regions related to language processing, indicating that interactive communication plays a crucial role in shaping both linguistic competence and neural development.

In addition, large-scale intervention studies further confirm that structured interaction within the family environment can significantly enhance language outcomes. For example, Dowdall et al. (2020) found that shared book reading, an activity involving interactive dialogue and parental engagement, has a significant positive effect on children's vocabulary development and narrative comprehension. These findings suggest that language acquisition is not a passive process but an active, socially mediated experience.

From a theoretical perspective, these empirical findings are consistent with the socio-interactionist theory proposed by Vygotsky and Bruner's (1983) concept of the Language Acquisition Support System (LASS), which highlights the importance of structured social support in language learning. The social environment provides structured support, such as

scaffolding, simplified language use, and repetition, enabling children to gradually comprehend and produce language.

4. Emotional and Stimulation Factors

Emotional support and consistent verbal stimulation play a crucial role in shaping children's language development. Children who experience responsive interactions and positive emotional engagement tend to develop richer vocabularies and more effective communication skills. Istiqamah et al. (2024) found that verbal stimulation and emotional support from parents significantly influence the progress of children's language development. In their study, girls demonstrated faster language development, which was attributed to more consistent emotional and linguistic stimulation within the family environment.

From a neuroscientific perspective, early emotional and linguistic stimulation contributes significantly to brain development, particularly in areas associated with language processing. Kuhl (2021) demonstrates that early language exposure, especially within emotionally engaging interactions, strengthens neural pathways related to speech perception and language acquisition. Similarly, Romeo et al. (2021) found that conversational turn-taking, a form of responsive and reciprocal communication, is strongly associated with increased activation in brain regions responsible for language processing.

Moreover, the effectiveness of verbal stimulation is closely linked to the quality of interaction. Rowe and Snow (2020) emphasize that responsive and interactive communication, characterized by contingent responses, emotional warmth, and cognitive engagement, has a more substantial impact on language development than mere exposure to language. This suggests that emotional support functions as a facilitating mechanism that enhances the effectiveness of linguistic input.

Taken together, these findings indicate that emotional support and verbal stimulation are not separate influences but mutually reinforcing factors that shape children's language development. Emotional engagement increases children's readiness to participate in communication, while consistent verbal stimulation provides the necessary input for linguistic growth. Therefore, the integration of emotional warmth and interactive communication plays a critical role in optimizing children's language development during early childhood.

5. Learning Media Factors

Interactive learning media play a significant role in enhancing children's language development by integrating linguistic input with visual, emotional, and social engagement. Such media facilitate vocabulary acquisition, sentence formation, and speaking skills by providing meaningful and context-rich learning experiences. Mujahidah, et al (2021) found that storytelling methods using hand puppet media significantly improve early childhood language skills. Through interactive storytelling, children not only comprehend narrative structures but also imitate utterances, expand their vocabulary, and actively practice speaking. Hand puppets enable children to associate words with movements, expressions, and emotions, thereby making the learning process more engaging and meaningful.

From a psycholinguistic perspective, instructional media such as hand puppets function as external stimuli that reinforce language input and support language processing through multimodal representation. This aligns with the theory of Vygotsky (1978), which emphasizes that children's learning occurs through social interaction and scaffolding within the Zone of Proximal Development (ZPD). In this context, interactive media serve as tools that mediate learning, enabling children to achieve higher levels of linguistic competence through guided participation.

Recent empirical research further supports the effectiveness of storytelling and interactive media in language development. For instance, Dowdall et al. (2020), in a meta-

analysis, demonstrated that shared reading and storytelling interventions significantly improve children's vocabulary and narrative comprehension. Similarly, Hirsh-Pasek et al. (2015) highlight that language learning is most effective when children are engaged in active, socially interactive, and meaningful communication contexts. These findings suggest that interactive media enhance not only linguistic input but also children's engagement and motivation, which are essential for language acquisition.

Moreover, multimodal learning approaches, combining visual, auditory, and kinesthetic elements, have been shown to facilitate deeper language understanding. Kuhl (2021) explains that multisensory input strengthens neural pathways involved in language processing, allowing children to better integrate and retain linguistic information. In this sense, media such as hand puppets support language acquisition by providing concrete and emotionally engaging representations of meaning.

Taken together, these findings indicate that learning media are not merely supplementary tools but play a central role in shaping children's language development. By integrating interaction, emotional engagement, and multimodal input, interactive learning media create optimal conditions for language acquisition. Thus, the use of appropriate instructional media can significantly enhance children's ability to comprehend, produce, and use language effectively.

CONCLUSION

Children's language development is a complex and multidimensional process influenced by the dynamic interaction between internal and external factors. Internal factors, including biological maturation, cognitive abilities, and gender differences, provide the foundational capacity for language acquisition. These factors determine how children perceive, process, and internalize linguistic input. At the same time, external factors, such as family environment, parenting styles, emotional support, verbal stimulation, and the use of learning media, serve as critical sources of input that shape and enhance children's language development.

From a psycholinguistic perspective, language acquisition cannot be explained solely by innate mechanisms, as proposed by Chomsky. While biological predispositions provide the initial framework for language learning, the development of language competence is significantly influenced by social interaction and environmental experiences. This aligns with the socio-interactionist view of Vygotsky, which emphasizes the importance of guided interaction and scaffolding, as well as Bruner's concept of the Language Acquisition Support System (LASS), which highlights the role of structured support in facilitating language learning. Therefore, the roles of parents, educators, and the social environment are essential in providing meaningful linguistic input and consistent stimulation to support optimal language development in children.

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